

ADVICE FOR PATIENTS HAVING AN OPERATION AT DERMATOLOGY – LITCHDON HOUSE

- We strongly advise that you do not smoke before or after your procedure as this may cause the wound to break down.
- Please be aware if you intend to go on holiday soon after your treatment you may have stitches which will need removing. This will be between one and three weeks after your procedure.
- You are advised to have someone with you, who will be able to drive you home after your minor operation.
- Continue to take any medication you are on, unless told otherwise. If you take Warfarin, blood thinners or Aspirin please contact us for advice.
- You will have everything explained to you on the day of your operation. You will be asked to sign a consent form prior to your operation.
- Your procedure will be carried out with a local anaesthetic and full instructions on wound care will be given to you following your operation.
- You are advised to have simple pain relief at home, (e.g. Paracetamol)
- We will ask you to wait in the waiting area for ten minutes after your operation to make sure that you feel alright.
- You are advised to go straight home after your discharge from the unit, and have a quiet day. It is not advisable to go shopping, or to do any strenuous exercise as this could cause your wound to bleed.
- If you know you are MRSA positive, kindly inform the reception staff before you attend your appointment.
- If you have any questions about your procedure, do not hesitate to ring Litchdon House on 01271 312850.
- **If you do not want to keep your appointment in Dermatology, please phone the Department so that your appointment can be offered to another patient.**

