

On **Petter Ward** we offer a service that provides a safe, professional, confidential and non-judgmental space for women and men to discuss their difficulties with pregnancy, pregnancy loss and related issues. It is staffed by a small team including a qualified and experienced counsellor and those currently undertaking their training.

- If you are experiencing any of the following issues, we can help:
- Are you pregnant, whether it is a planned pregnancy or an unplanned pregnancy, and need to talk to someone?
- Have you suffered the loss of a child through stillbirth, miscarriage or ectopic pregnancy?
- Are you or your partner suffering from antenatal depression or postnatal depression?
- Are you coming to terms with infertility?
- Have you experienced a traumatic birth or premature birth?
- Do you need to talk following a termination of pregnancy?
- Are you expecting and have been given a pre-natal diagnosis of disability?
- Is your current relationship suffering because of these sorts of unresolved issues?

Time for you

**Appointments are available between
7am and 6pm, Monday to Friday**

If it is difficult for you to travel then we are also able to offer counselling by telephone or online.

To request an appointment in confidence, please call or email us.

**Telephone 01271 322722
(main ward number - ask for Danielle
or Maxine)**

**Email:
ndht.ladywellcounselling@nhs.net**

